

Your Year in Review:

The things I did that I said I was going to do:

The things I didn't do that I said I was going to do:

The things that brought me the most joy:

The things that scared me but I did anyway:

The things/people/activities that FILLED me with energy:

The things/people/activities that DRAINED me of energy:

The areas of my life I improved:

The areas of my life I'm still hiding from:

My biggest lesson:

The person who was there for me the most:

My biggest contribution to others:

The things that stopped me from doing more: